

Suicide Prevention Action Plan 2022/23

| | Themes | Objective | Actions | Lead | Timescales |
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| 1 | Prevention in High-Risk Groups | Deliver a Task and Finish Group supporting schools and providers on Self Harm and Suicidal ideation amongst young people | Finalise protocol for those working with young people providing support around suicidal ideation and self harm. Support delivery of training/project identified by T & F Group on prevention of self harm for younger people via £5000 grant funding | Senior Child and Adolescent Mental Health Service Transformation Manager (Merton) | June / July 2022/23 Jan 2023 – March 23 |
| 2 | | Deliver Project Hope with the objective to reduce suicide amongst Young People. | Deliver Project Hope in 2 GP practices in Merton | Transformation Manager SWL CCG | Jan 23 and ongoing |
| 3 | Good Mental health and support services for at risk groups | Suicide Awareness Training | 1) Imagine Independence to provide Suicide Awareness Training Programme (5 training sessions) to those working with at risk groups. | Senior Principal Public Health | June 2022 – December 2022 |
| 4 | Suicide Awareness and good mental health and wellbeing for all | Mental Health First Aid and wellbeing activities - Merton Council Staff | To provide a programme of training sessions to managers on Mental Health First Aid awareness training. To hold awareness raising campaigns, e.g., MH awareness week and Men's Health week. | Learning and Development Advisor | Ongoing throughout 2022/23 |
| 5 | | Support Good MHFA with community organisations | Deliver a training programme of Mental Health First Aid Awareness to community organisations and partners. | Senior Public Health Principal | June to Dec 2022 |

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| 6 | | Support Youth MHFA for schools and organisations working with young people | Run a MHFA 2 day training course for those working with young people. | Senior Public Health Principal | Sept 2022 |
| 7 | | Support the promotion of Papyrus suicide prevention training for Young People | Support promotion of SWL ICB training programme with Papyrus in Merton. | Senior Principal Public Health and Strategic Manager CSF. | April 22 to March 23 |
| 8 | | Improve social connection and addressing social isolation and loneliness | To provide and deliver Men's Shed's music recording sessions project. | Head of Libraries and Heritage | April 2022 - Feb 2023 |
| 9 | | To manage the delivery of a Merton Suicide Prevention Forum | To schedule, plan, organise and deliver a twice yearly Suicide Prevention Forum that brings together a range of partners from across the borough. | Senior Public Health Principal Public Health Officer | Ongoing 2022/23 |
| 10 | | To promote awareness raising campaigns tackling Suicide Prevention and Mental Health | Using platforms such as social media and Council newsletters, raise awareness of campaigns such as World Suicide Awareness Day and Mental Health Awareness week to promote health messages to Council staff and borough residents. | Public Health Officer | Ongoing 2022/23 |
| 11 | Suicide Awareness and good mental health and wellbeing for all | To identify, reach out and disseminate Z cards for key providers in the borough. | To identify and engage with key partners operating in the borough who work with individuals and groups who may be vulnerable or exposed to a higher suicide risk. To disseminate these cards to help | Public Health Officer | Dec 2022 to Jan 2023 |

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| | | | share information on services and support available. | | |
| 12 | | Support the Suicide Bereavement project across South-West London. | To help signpost and introduce key partners to the Suicide Prevention Support worker and to more broadly support the development of this programme. | Public Health: Senior Public Health Principal | Ongoing 2022/23 |

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